

Winter Grand Expedition

FEBRUARY 20 TO 27, 2027

WINTER HIKING
PORTAGE VALLEY
BAS-SAGUENAY, QC



FOR YOUNG ADULTS AGED 30 TO 39 WHO HAVE BEEN IN
CANCER REMISSION FOR LESS THAN 5 YEARS

**DEADLINE
TO APPLY**

**JANUARY 10
2027**



APPLY HERE



"This expedition helped me reconnect with myself in ways I didn't expect. Pushing through physical challenges in the winter, being fully immersed in nature and taking quiet moments for reflection allowed me to rediscover my strength and resilience. I came away with a sense of confidence as this trip taught me that I am capable of more than I thought! I felt a real sense of belonging. There was no judgement, only support, encouragement, guidance and shared experiences. I am glad I was a part of this expedition." - Chandra, Winter 2025