

Terms and conditions

Intellectual property and image rights

By registering, athletes authorize the On the Tip of the Toes Foundation to take photos in connection with the event. The athlete agrees that the On the Tip of the Toes Foundation may use these photos with or without the athlete's name and for lawful purposes, including, for example, activities such as advertising, illustration and Web content.

Liability Waiver

When THE ATHLETE voluntarily registers and participates in the CRYO Racing events, THE ATHLETE automatically accepts the rules and regulations, including all modifications to said rules and regulations.

THE ATHLETE recognizes that winter running entails inherent risks, including but not limited to; major or minor injuries, hypothermia, conditions or injuries potentially leading to death. THE ATHLETE accepts the entire responsibility for any BODILY OR MATERIAL DAMAGE resulting from the afore-mentioned risks.

Furthermore, THE ATHLETE assumes the entire responsibility for all damages of any nature resulting from a disregard of the official rules and regulations of the On the Tip of the Toes Foundation and redeems and exonerates the On the Tip of the Toes Foundation, its board as well as all its contractors and volunteers for all damages incurred.

THE ATHLETE declares that they:

- Have full knowledge of the length and difficulty of the event for which they have registered and are fully prepared for said event.
- Have the required experience to take part in such an event.
- Have acquired the capacity to be autonomous when dealing with extreme weather conditions, physical or mental problems arising from such an event.

Changes to the route, maximum crossing times or cancellation

In the event of force majeure, the On the Tip of the Toes Foundation reserves the right to change the course to avoid endangering the athletes. Changes may be made at any time, even after the start of the event. The On the Tip of the Toes foundation also reserves the right to suspend or cancel the event if weather conditions endanger athletes, volunteers and rescue workers.

Before the Race

Up to the day before the event, in the event of force majeure (weather conditions preventing the event from taking place or the impossibility of holding an event due to health restrictions) forcing the CRYO Races organization to cancel the event, 50% of the registration fee may be refunded on request within a maximum of 30 days of the original event date. No reimbursement of entry fees will be authorized in the event of course modification or cancellation on the day of the event. In all cases, donations made on behalf of the On the Tip of the Toes Foundation will not be reimbursed.

During the Race

In the event of weather conditions posing a risk to participants, the CRYO Races organization may stop or modify the race route. In such cases, runners arriving at a refreshment or control point must follow the instructions given by the volunteers and are obliged to respect them. No refund can be claimed.

Staggered start times

Depending on weather and track conditions, the On the Tip of the Toes Foundation may decide at any time to create more than one starting wave, without prior notice.

Modification and cancellation policies

a) Transferring Registration from One Person to Another

Transferring registration from one person to another is not permitted.

b) Changing Events

Event changes are permitted, free of charge, until January 23, 2026. All requests for event changes must be made by e-mail to cryo@pointedespieds.com. No refunds will be made for changes to lower-cost events. Conversely, an additional fee will be charged for a change to a higher-cost event.

c) Cancellation Policy

Cancellations with partial refund are permitted until January 23, 2026. Cancellation requests must be sent to cryo@pointedespieds.com. Registrations cannot be carried forward to a subsequent year. For all refund requests received before January 23, 2026, 50% of the registration fee will be refunded. In the case of injury, the same refund policy applies until January 23, 2026. After January 23, 2026, cancellation can be made, but without a refund. Donations made to the On the Tip of the Toes Foundation will not be reimbursed.